

Toppers Study Timetable PDF for Class 12th Students

Time	Task / Activity
5:30 AM	Wake up, drink water, & freshen up.
6:00 AM - 6:30 AM	Work out or Yoga or Meditation for a healthy mind & body.
6:30 AM - 7:30 AM	Quick Revision of the topics covered in the previous day.
7:30 AM - 8:00 AM	Have Breakfast & read a newspaper.
9:30 AM - 10:30 AM	Self-study & start by covering difficult topics.
10:30 AM - 10:45 AM	Short break
10:45 AM - 1:00 PM	Resume self-study
1:00 PM - 2:00 PM	Lunch & short nap
2:00 PM - 4:00 PM	Coaching classes / Solve previous year question papers.
4:00 PM - 6:00 PM	Physical activity / Sports
6:00 PM - 9:00 PM	Self-study
9:00 PM - 9:30 PM	Dinner
9:30 PM - 10:30 PM	Revision of all the topics covered during the day.
10:30 PM	Summarise the day & make a plan for the next one;
	then, go to bed.

Check the Importance and Benefits of Toppers Study Time Table: Click Here